

12TH ANNUAL
LONG ISLAND LIVE ENDOSCOPY COURSE

Frontiers of Endoscopic Surgery

POEM, ESD, EFTR, STER AND MORE

March 20-21, 2020

NYU WINTHROP HOSPITAL
RESEARCH & ACADEMIC CENTER
Mineola, New York



Frontiers of Endoscopic Surgery

We are delighted to invite you to attend the 12th Annual Long Island Live Endoscopy Course, exploring the frontiers of endoscopic surgery, to be held on March 20th and 21st, 2020 at the NYU Winthrop Research and Academic Center in Mineola, NY.

NYU WINTHROP'S GASTROENTEROLOGY CENTER OF LONG ISLAND

The latest U.S. News & World Report has named NYU Winthrop Hospital as one of the best hospitals in the New York Metropolitan region for 2019-20, ranking for six high performing types of care, which includes gastroenterology.

The McCann Endoscopy Center is just one of the many reasons our institute is acclaimed. The reputation of our endoscopy specialists has steadily grown resulting in an increased demand for our advanced diagnostic services.

The McCann Endoscopy Center features:

- 6 procedure rooms
- 13 recovery stations
- 2-bed prep and recovery area exclusively for children
- Nursing station for our patients
- Patient changing and locker room
- Patient/family waiting area

In 2018, McCann Center for Endoscopy at NYU Winthrop performed more than 2,450 cases of advanced endoscopy procedures for various diagnoses. McCann Endoscopy Center at NYU Winthrop and the NYU Winthrop Research and Academic Center (RAC), both in Mineola, Long Island, are the sites of NYU Winthrop's Annual Long Island Live Endoscopy Symposium each Spring. At this multi-day conference, endoscopists and gastroenterology clinicians can learn by watching live cases presented in real time by Dr. Stavropoulos and international peers in advanced endoscopy, as well as optional skills training stations using ex-vivo porcine models precepted by the same renowned faculty and local experts. NYU Winthrop's proximity to two international airports (John F. Kennedy and LaGuardia) have made this the pre-eminent advanced endoscopy live training course in the United States.

The course website (winthropendoscopy.org), where the past 7 years of LIL (2013-2019) are archived in their entirety (lectures and live cases) won the 2018 platinum and 2019 silver E-healthcare award for medical content and has become the pre-eminent educational resource

for physicians embarking on novel endo-surgical procedures and technologies.

eHealthcare
LEADERSHIP
AWARDS 2019



In 2020, the main focus of the Long Island Live Endoscopy course will again be cutting-edge endoluminal surgery and Natural Orifice Transluminal Endoscopic Surgery (NOTES) techniques. These include three simultaneous live Per-Oral Endoscopic Myotomies (POEMs) demonstrating technique variations by three expert POEM operators in various challenging clinical scenarios, including multiple Endoscopic Submucosal Dissection (ESD), Endoscopic Full-Thickness Resection (EFTR), Submucosal Tunneling Endoscopic Resection (STER) for GI tumors, Zenker's diverticulotomy, peroral pyloromyotomy and other endoscopic surgery procedures.

For the 8th year in a row we will feature live cases by Haruhiro Inoue, an ESD pioneer and global "Father of POEM," cases by Ping-Hong Zhou, the operator with the highest volume of POEM and EFTR/STER cases in the world and live cases by Naohisa Yahagi, a pre-eminent Japanese ESD master. Western approaches to colonic ESD and suturing will be demonstrated in live cases by Sergey Kantsevov. Western approaches to POEM, ESD and EFTR, including use of the hybrid knife, Endoflip, Endoscopic Suturing and the DiLumen and ORISE-TRS technologies will be demonstrated in live cases by Stavros Stavropoulos.

Christopher Gostout, master endoscopist and great NOTES visionary will again be the master of ceremonies providing great insights, masterful commentary, and guidance to the live operators. He will be assisted by veteran co-moderator of the course and regional faculty member Atul Kumar. The 11-12 live cases will be supplemented by six lectures spanning the entire spectrum of endoscopic surgery and, new this year, transmission of the Keynote Address from the American Foregut Society Meeting in California.

The very popular "Hands-On Lab with the Masters" will be held on March 21st, offering instruction in POEM, ESD, Suturing and new ESD technologies by the live course masters. The lab will be limited to the first 20 physicians who meet the prior training criteria and register for the lab. The hands-on lab has always sold-out rapidly in the past and we recommend early registration for those who are interested.



Endorsed by the American Society for
Gastrointestinal Endoscopy

Don't miss the course that Christopher Gostout has praised as "the most unique live case course on the globe from the perspective of demonstrating where interventional endoscopy can and should be going" and Haruhiro Inoue has described "as the course with the most challenging and advanced resection cases in the world!"

Contributions towards future endoscopy programs may be provided by going online to <https://nyuwinthrop.org/giving/>
Specify: Annual Long Island Live Endoscopy Course

Stavros Stavropoulos, MD, FASGE, AGAF, FJGES, NYSGEF

Course Director
Director, Division of GI Endoscopy
Program in Advanced GI Endoscopy (P.A.G.E.)
Chief, Endoscopy Unit
NYU Winthrop Hospital

WHO SHOULD ATTEND

- Practicing endoscopists (whether gastroenterologists or surgeons) needing better knowledge of the most current therapeutic applications of ESD, POEM, full-thickness resection, suturing that will assure better patient management
- Gastroenterologists desiring to learn new surgery-sparing and organ resection-sparing minimally invasive endosurgical approaches for the management of neoplasms and benign conditions of the upper and lower esophageal sphincter (e.g. achalasia, Zenker's diverticula)
- Endoscopists interested in more advanced applications for specific diseases
- Endoscopists needing new strategies to care for both benign and malignant GI conditions and to distinguish between the need for surgical vs. endoscopic interventions in light of new technology

LEARNING/PERFORMANCE OBJECTIVES

At the conclusion of this course, learners should be able to:

- Discuss the most current GI endoscopy interventions and new treatment options.
- Assess and apply ESD, POEM, full thickness resection, and other advanced endoscopic surgical techniques for specific diseases and disorders.
- Diagnose and treat routine and complex GI conditions more effectively resulting in improved patient care outcomes.

- Describe the efficacy in advanced endoscopic procedures in the current research studies and discuss the opportunities for these procedures currently available in expert centers and supplanting surgery to change GI clinical practice in the future.

TARGET AUDIENCE

Gastroenterologists, surgeons, advanced practice nurses, physician assistants, residents, fellows and students.

ACCREDITATION

ACCME Accreditation

NYU Winthrop Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians through 3/31/2023.
Provider #: 0006392.

AMA Credit Designation

NYU Winthrop Hospital designates this live educational activity for a maximum of 14.0 AMA PRA Category 1 Credit(s)[™] for physicians who participate both days (9.0 for Friday and 5.0 for Saturday). Physicians should only claim credit commensurate with the extent of their participation in the activity.

ANCC Contact Hours

NYU Winthrop Hospital is an Approved Provider of continuing nursing education by the Northeast Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This activity has been approved for up to 9.0 Contact Hours.
Provider # NY009-2020.

FACULTY DISCLOSURES

It is the policy of NYU Winthrop Hospital to adhere to ACCME, NEMSD and ANCC accreditation requirements, policies and Standards for Commercial Support in order to ensure content validity, fair balance, independence, objectivity and scientific rigor in all its sponsored programs. All faculty, planners and authors of educational content, who participate in sponsored programs, must disclose to the audience any potential, apparent or real conflicts of interest related to their contribution to the activity, as well as any discussions of off-label or investigational uses of any commercial products and devices not yet approved in the United States. All faculty disclosures will be made at the time of the activity.

Agenda

FRIDAY, MARCH 20

LIVE ENDOSCOPY & DIDACTICS

7:00am **Registration, Continental Breakfast and Exhibits**

7:30

Welcome and Introduction

Stavros N. Stavropoulos, MD, FASGE, AGAF, FJGES, NYSGEF

7:45

KEYNOTE ADDRESS:

The Peter Stevens

Memorial Lecture

Christopher J. Gostout, MD

8:05

The Evolving Technique of POEM: Anti-reflux Strategies

Haruhiro Inoue, MD, PhD

8:25

Are Endoscopists Ready Now to Take the 3rd Space NOTES Training Wheels Off and Re-enter the 2nd Space in Force?

Ping-Hong Zhou, MD, PhD

8:45

Duodenal ESD, When, How and by Whom & Techniques for Adverse Event prevention and management.

Naohisa Yahagi, MD, PhD

9:05

Submucosal Endoscopy & New NOTES techniques: A US Perspective

Stavros N. Stavropoulos, MD, FASGE, AGAF, FJGES, NYSGEF

9:25

Colon ESD and EFTR Techniques and Technologies: A US Perspective.

Sergey Kantsevov, MD, PhD

9:45

Panel Discussion and Q & A

All Faculty

10:00

Coffee Break and Exhibits

10:25

Live Endoscopic Procedures

11:00

Live Transmission of Upper GI cases from Long Island Live to the American Foregut Society Meeting - Orange County, CA

1:25pm

Luncheon and Exhibits

1:55

Artificial Intelligence in GI

2:15

Live Keynote Address from the American Foregut Society Meeting Orange County, CA

Emerging Trends and Techniques

2:35

Reports from China: Video Session #1

2:45

Reports from China: Video Session #2

2:55

Live Endoscopic Procedures

4:10

Coffee Break and Exhibits

4:30

Live Endoscopic Procedures

6:00

Closing Remarks and Adjourn

SATURDAY, MARCH 21st

HANDS-ON COURSE WITH THE MASTERS

Separate registration and fee required.

7:30am

Breakfast

8:00

Participants will be divided into groups of two and will rotate through 10 stations (2 POEM, 5 ESD, 1 Suturing and 2 New Technology Stations) spending 35 minutes with each instructor. Each participant will complete a minimum of one POEM, four ESDs and one Endoscopic Suturing session as the primary operator using ex-vivo modules, including exposure to new technologies for colorectal resection.

LAB FACULTY:
Drs. Inoue, Yahagi, Zhou, Gostout, Kantsevov, Pitea, Sharaiha, and Stavropoulos

1:30

Adjourn

Faculty

ACTIVITY DIRECTOR

Stavros N. Stavropoulos, MD, FASGE, AGAF, FJGES, NYSGEF*
Director, Division of GI Endoscopy
Director, Program in Advanced
GI Endoscopy (P.A.G.E.)
NYU Winthrop Hospital
Mineola, NY

GUEST SPEAKERS

Christopher J. Gostout, MD
(Moderator)
Chief Medical Officer
Apollo Endosurgery, Inc.
Austin, TX
Professor of Medicine Emeritus
Developmental Endoscopy Unit
Mayo Clinic
Rochester, MN

Haruhiro Inoue, MD, PhD
Head of Upper GI Surgery
and Endoscopy
Showa University Medical Center
Showa University International
Training Center for Endoscopy (SUITE)
Tokyo, Japan

Sergey Kantsevoy, MD, PhD
Director of Therapeutic Endoscopy
Melissa L. Posner Institute for
Digestive Health & Liver Disease
Mercy Medical Center
Baltimore, MD

Naohisa Yahagi, MD, PhD
Director, Development and
Research Department of
Less Invasive Treatment Methods
Keio University Hospital Tumor Center
Tokyo, Japan

Ping-Hong Zhou, MD, PhD
Director of Endoscopy
Zhongshan Hospital
Associate Professor
Fudan University
Shanghai, China

LOCAL MODERATOR AND GUEST FACULTY

Atul Kumar, MD
(Co-Moderator)
Gastroenterology & Hepatology

Reem Sharaiha, MD
Director of Bariatric Endoscopy
Associate Director, Pancreas Program
Assistant Professor of Medicine
Weill Cornell Medical College

Teodor Pitea, MD
Director of Interventional
Endoscopy Digestive Institute
Banner University Medical Center
Associate Professor of Medicine
University of Arizona
College of Medicine
Sun City West, AZ

LOCAL & NYU WINTHROP AFFILIATED FACULTY

David Friedel, MD
Associate Director of Endoscopy
Program in Advanced
Gastrointestinal Endoscopy (P.A.G.E.)
NYU Winthrop Hospital

Krishna C. Gurram, MD
Director of Endoscopy
Elmhurst Hospital Center –
Mount Sinai
Assistant Professor of Medicine
Icahn School of Medicine
at Mount Sinai
Queens, NY

Dmitry O. Khodorskiy, MD
Assistant Director of
Advanced Endoscopy
Maimonides Medical Center

Rani Modayil, MD*
Attending Interventional
Gastroenterologist
Program in Advanced
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NYU Winthrop Hospital

Jessica Widmer, DO
Attending Interventional
Gastroenterologist
Program in Advanced
Gastrointestinal Endoscopy (P.A.G.E.)
NYU Winthrop Hospital

PLANNING COMMITTEE

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Assistant Vice President
Perioperative/Procedural Services
NYU Winthrop Hospital

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Rob Martin, MBA, CHCP, CHPIMS
Assistant Dean, Director of CME
NYU Winthrop Hospital

Abraham Peller, MD
Director, Endoscopic Anesthesia
NYU Winthrop Hospital

Peter Sandre, BA, CHCP
Manager of CME Events & Compliance
NYU Winthrop Hospital

Register Today



We accept online registration for all NYU Winthrop CME-CE courses.
Register and pay online at <https://bit.ly/2OuES4e>
SPACE IS LIMITED. REGISTER EARLY.

***Get \$10 off with the discount code ENDOPRINT.** (Discount not valid for House Staff of any institution)

EARLY BIRD REGISTRATION

(Until February 20th, 2020 at 11:59 PM)

- \$210 Physicians*
- \$85 Non-Physicians* (NPs, PAs, Nurses and Others)
- \$85 External Residents and Fellows (with valid ID)
- FREE NYU Residents and Fellows (with valid ID)
- \$500 Optional Saturday Workshop (Physicians only)

REGULAR REGISTRATION FEES

(Valid 12:00 midnight February 20th, 2020 until 12:00 Noon March 18th, 2020)

Registration fee includes educational materials, meals and CME-CE credit certificate.

- \$285 Physicians*
- \$105 Non-Physicians* (NPs, PAs, Nurses and Others)
- \$105 External Residents and Fellows (with valid ID)
- \$85 NYU Residents and Fellows (with valid ID)
- \$650 Optional Saturday Workshop (Physicians only)

LATE REGISTRATION & WALK-IN FEES

(Applies after 12:01 pm March 18th, 2020)

Registration fee includes educational materials, meals and CME-CE credit certificate.

- \$350 Physicians
- \$150 Non-Physicians
(NPs, PAs, Nurses and Others)
- \$135 House Staff from any institution

Optional Saturday Workshop is not available for any late registration or walk-ins

All registration fees includes educational materials, meals and CME-CE credit certificate.

SEPARATE REGISTRATION REQUIRED FOR THE SATURDAY HANDS-ON LAB

(Limit of 20 Physicians)

To register for the Hands-On Lab please e-mail Peter Sandre at Peter.Sandre@nyulangone.org with your contact information and CV to attest to your number of hours of prior ex-vivo POEM/ESD training/experience.

The Hands-On Laboratory training will be held on the 3rd Floor of the NYU Winthrop Research and Academic Center – located at 101 Mineola Boulevard – Mineola, NY. For those registrants that are not staying at The Garden City Hotel - please park in the visitors garage for Saturday's lab. Those attendees who are staying at the hotel can take a taxi from the Garden City Hotel over to the NYU Winthrop Research and Academic Center.

CONFIRMATION

All registrants will receive a confirmation via email.

CANCELLATION

Cancellation by NYU Winthrop Hospital: It is the policy of NYU Winthrop Hospital that in the unlikely event we must cancel a scheduled activity, all registered learners are immediately notified via email, with full refund offered where applicable. Wherever possible, our registration page of the website will be updated to reflect the activity cancellation. If we cancel less than 48 hours in advance of scheduled start time, we will also telephone all registered learners regarding the cancellation and refund.

Cancellation by Learner: Requests for refund or transfer of registration must be received by email 72 hours prior to the course to Keyana.Golds@nyulangone.org. No refund or transfer of registration will be made thereafter. It is the policy of NYU Winthrop Hospital that if you the learner must cancel or withdraw before an activity for which you have previously registered, a handling fee of \$25 will be deducted for cancellation.

COMPLAINT RESOLUTION POLICY

It is the policy of NYU Winthrop Hospital that complaints received about continuing education or related matters are investigated and resolved within 72 hours (if received during business hours) or within 7 days (if received outside of business hours).

LOCATION

NYU Winthrop Research and Academic Center
Main Level
101 Mineola Boulevard
Mineola, NY 11501

TRAIN INFORMATION

Mineola is 34 minutes by train from New York's Penn Station and 19 minutes by train from JFK airport at Jamaica, New York. Most eastbound and westbound branches of the Long Island Railroad (LIRR) stop in Mineola. Please check the LIRR's

TrainTime mobile app for daily schedules or go to <http://lirr42.mta.info> to pick the station you are leaving from that is most convenient, putting Mineola as the destination.

If arriving in Mineola on an Eastbound train, cross the footbridge to the north side of the platform. Walk one block north toward the NYU Winthrop Research Building.

PARKING

Parking is available at any of these convenient campus lots.

- Mineola Intermodal Center at 65 3rd Avenue, Mineola
- NYU Winthrop Campus Visitors Lot (access via Emergency entrance at 2nd & 3rd Avenue)
- 120 Mineola Boulevard Ramp (Free parking on weekends above Level 2 only, other levels will be fined)

ACCOMMODATIONS

A small room block is available at The Garden City Hotel for participants by calling 1-800-547-0400 at the discounted rate of \$231.00 a night plus taxes. When calling the hotel, please give them the name of the course (12th Annual Long Island Live Endoscopy Course), sponsored by NYU Winthrop Hospital. RESERVATIONS MUST BE MADE BY FEBRUARY 28, 2020 www.gardencityhotel.com.

SPECIAL NEEDS

The NYU Winthrop Research and Academic Center is accessible to individuals with disabilities or special needs. Participants with special needs should contact the Office of CME at 516-663-8459 or e-mail at Peter.Sandre@nyulangone.org for assistance.

MORE INFORMATION

If you experience technical problems with the online system, wish to register a group or require other special arrangements please contact Keyana Golds at 516-663-9685 or email at Keyana.Golds@nyulangone.org for assistance.

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